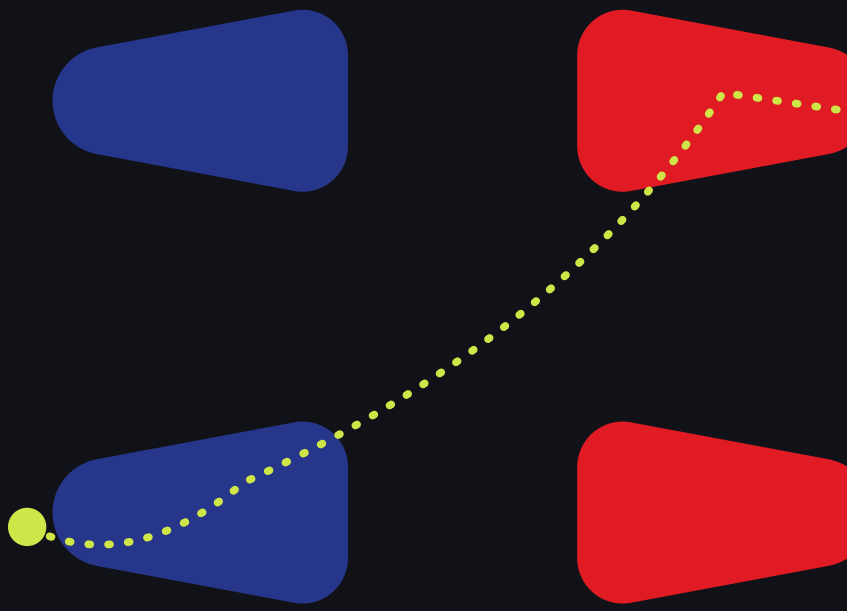
HANTIS

FREE GUIDE · COLLEGES AND UNIVERSITIES

START HANTIS ON YOUR CAMPUS

Launch a registered Hantis club, then add Hantis to your intramural program. Step-by-step plans, budgets and copy-ready templates.



WHY HANTIS

THE EASIEST NEW CLUB TO START

You can launch a Hantis club in one semester with **four tables, a tennis ball and about ten committed people**. Getting into intramurals usually takes a second semester of proven turnout.

Hantis is a 2-on-2 game played on four tables in a square, with one tennis ball and two hits each. It was created in 2005 by students at Scott County High School in Georgetown, Kentucky, and spread through P.E. classes, camps and clubs.

CHEAP TO START

Any four same-size tables work, and the ball is a tennis ball. Most campuses already own both.

FITS ANYWHERE

A rec room, union lounge, residence hall or gym corner holds a court: about 26 × 26 ft (8 × 8 m).

FAST TO LEARN

A first-timer plays a real game within five minutes. That makes demo days and sign-ups easy.

→ THE ROADMAP AT A GLANCE

Typical timing. Your school's deadlines set the real dates.

SEMESTER 1 · START THE CLUB

WEEKS 1-3
RECRUIT
Demo day and an interest list. Pick 3 to 4 officers.

Done: officers named

WEEKS 3-6
GET RECOGNIZED
Advisor, constitution and the registration form.

Done: club approved

WEEKS 6-15
PLAY AND PROVE DEMAND
Weekly sessions with sign-ins. Your first club tournament.

Done: turnout on record

SEMESTER 2 · ADD IT TO INTRAMURALS

WEEKS 1-4
PITCH CAMPUS REC
One-page proposal and a meeting. Offer club referees.

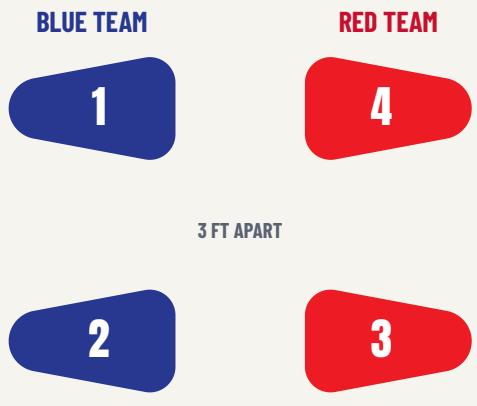
Done: pilot approved

MID-SEMESTER
RUN THE PILOT
A one-night tournament. The club runs setup and refs.

Done: recap sent

NEXT SEASON
PERMANENT INTRAMURAL
Hantis on the IM schedule. Spring officer elections.

The club keeps running clinics



ONE COURT FOUR SAME-SIZE TABLES · ONE TENNIS BALL · TWO TEAMS OF TWO

WHAT'S IN THIS GUIDE

Learn the game 02
Build a team and get recognized 03
Funding, space and events 04
Add Hantis to intramurals 05
Keep it going and templates 06
Constitution and proposal 07
Master checklist and resources 08

KNOW IT BEFORE YOU TEACH IT

LEARN THE GAME FIRST

Every officer should be able to teach the rules in two minutes. **The Official Hantis Rulebook** and the Quick Start Guide are free at **hantis.net/rules** and are the final word. This page covers what you need for a demo.

SET UP A COURT

- 4 same-size tables in a 2×2 square, **3 ft (90 cm) apart** for beginners, up to 5 ft for experienced players
- Narrow ends toward the players, wide ends facing the middle
- 2 teams of 2, one player at each table, teammates side by side
- 1 tennis ball. A new one from a pressurized can bounces best.

HOW A RALLY WORKS

- **Serve:** hold the ball and strike it down onto your own table, then onto either opponent's table. No throwing.
- **2 hits each** with any body part: hands, feet, head
- **1 bounce on each** of your team's tables per possession
- When the ball touches the other team or their table, possession flips and every count resets
- Walls, ceilings and table legs are neutral X-Factors

TWO WAYS TO PLAY

MODE	HOW IT WORKS
Freestyle	Open play. A waiting line forms by Table 1. Get out and you go to the back. Best for club nights and demo days.
Competitive	Fixed teams of two score points. Sets to 21, win by 2. Best of 1, 3, 5 or 7 sets. Best for tournaments and intramurals.

YOU'RE OUT (OR THEY SCORE) IF…

Triple touch	You touch the ball a 3rd time in one possession
Table-table	It bounces twice on your table in one possession
Table-ground	It hits your table, then the ground
Body-ground	It hits you, then the ground
Grab or carry	Hit, strike or slap only. No catching or holding.
The Double	One shot bounces on both opponents' tables, then the ground: both out, or 2 points

EQUIPMENT FOR ONE COURT

ITEM	QTY	NOTES
Tables	4	Folding, banquet or classroom tables of the same size. Borrow them from your venue first. Want your own? Plans: hantis.net/build-tables
Tennis balls	1 can+	One ball per court, plus spares. Balls go flat and roll away.
Tape or cones	1 roll	Mark table spots for fast setup, and an 8 × 8 m boundary for Competitive play
Printables	Free	Posters, sign-up sheets, brackets and scoresheets: the Organizer Kit at hantis.net/organizers

SAFETY FIRST
No sitting, standing or climbing on the tables. Check tables are steady, and carry them, never drag. Leave clear space between courts and walls. Hantis is non-contact: a small bump is OK, blocking isn't.

STEP 2

BUILD A FOUNDING TEAM

You need two things before you file anything: **3 to 4 officers and a signed interest list**. Most student activities offices set a minimum member count, often around 5 to 10 students. Check your school's handbook for the exact number.

Recruit players before officers. Set up a court in a busy spot for an afternoon and teach anyone who walks by. Collect names, emails and student IDs on a sign-up sheet or QR-code form. The people who come back a second time are your officers.

OFFICER ROLE	OWNS
President	Paperwork, the advisor relationship and the intramural pitch
Vice president	Events, equipment, setup and teardown
Treasurer	Budget requests, fundraising and receipts
Secretary or communications	Social media, the email list, flyers and meeting notes

Recruit across years. Put at least one first- or second-year student on the board. A club run only by seniors usually ends at graduation.

STEP 3

GET OFFICIALLY RECOGNIZED

Recognition as a registered student organization (RSO) unlocks free room bookings, student government funding, a table at the involvement fair and the right to use your school's name.

Clubs that want to play other schools often register with **campus recreation's sport club program** instead of, or as well as, student activities. Ask both offices which path fits a new, low-cost sport.

1. **Meet the student activities or sport clubs coordinator.** Ask for the new-organization packet, the deadlines and the minimum member count.
2. **Find a faculty or staff advisor.** Try a kinesiology, P.E. or campus rec staff member, or any professor who loves games. Ask for a light commitment: a signature each semester and a meeting or two.
3. **Write a constitution.** Most schools provide a template. Use the outline on page 7.
4. **Submit the application:** usually the constitution, officer list, member list and the advisor's signature.
5. **Complete officer training** if your school requires it, often on finances, risk management and hazing policy.
6. **Set up waivers.** Campus rec may ask members to sign a participation waiver. The Organizer Kit includes a player waiver template your school can adapt.

MAKE THE CASE IN ONE PARAGRAPH

Reviewers ask how your club is different. Hantis is its own sport, costs almost nothing, uses tables the school already owns and draws students who don't play traditional sports.

STEP 4

FUND THE CLUB

A Hantis club can run its first semester on **close to zero dollars** by borrowing tables. Spend only on what you can't borrow: balls, a storage bin and marking tape, then prizes and shirts later.

SOURCE	HOW TO GET IT	BEST FOR
Student government	Submit a budget request by its deadline, usually once a semester	Balls, a club-owned set of tables
Sport club funds	Available once campus rec recognizes you as a sport club	Travel and entry fees
Member dues	A small fee each semester, or none at all	Shirts, prizes, socials
Fundraisers	A charity tournament with an entry fee per team	Prizes, equipment
Sponsors	Ask local shops and restaurants for gift cards in exchange for a logo on flyers	Tournament prizes

- Write budget requests as line items with a quantity and price each. Vague requests get cut first.
- Ask your venue to store club equipment. A locked bin in the rec center saves hauling tables every week.
- Keep every receipt. Clean records make next year's request easier.

STEP 5

BOOK SPACE, RUN EVENTS

Pick **one weekly slot and keep it all semester**. A consistent time and place builds attendance faster than anything else.

WHERE TO PLAY

- A rec center multipurpose room or a gym corner
- A student union lounge or event room, booked through the campus reservation system
- A residence hall common area, arranged with hall staff
- Outdoors on a flat, hard surface in good weather

Plan about 26 × 26 ft (8 × 8 m) per court. In Freestyle, about 6 players per court keeps everyone busy; 12 is the most a line should hold. Add a court for every 6 or so extra players.

EVENTS THAT RECRUIT

1. **Involvement fair:** run a live court, not a static table. People who watch a rally stop to play.
2. **Demo day:** set up in a high-traffic spot between classes, teach in 2 minutes, collect sign-ups.
3. **First tournament, about 4 weeks in:** a one-night bracket gives players a goal and gives you turnout numbers.
4. **Residence hall challenge:** floors enter teams of two. It's a ready-made intramural pilot.

TRACK ATTENDANCE AT EVERY SESSION
A simple sign-in sheet becomes the evidence campus rec asks for. The free Organizer Kit has a sign-up sheet, posters to type into and print, and brackets.

STEP 6

ADD HANTIS TO INTRAMURALS

Campus rec adds a sport when it sees **demand, low cost and low risk**. Your job is to hand them all three in one proposal, ideally after a semester of club play.

Who decides: the intramural sports coordinator, sometimes called the assistant director of intramurals or competitive sports. Find them on the campus rec staff page. Many schools plan the next semester's sports months ahead, so pitch early in the semester before.

WHAT TO PUT IN THE PROPOSAL

SECTION	WHAT TO INCLUDE
The sport	A three-sentence description, the Official Rulebook (hantis.net/rules) and a short video from hantis.net/watch
Demand	Club members, average weekly attendance, tournament turnout and the interest list
Cost	Tables the department already owns, plus tennis balls. Offer to lend club equipment for the first season.
Space	About 8 × 8 m per court, and how many courts fit in a room they already use
Risk	Non-contact, no rackets or sticks, played at table height. Waiver template in the Organizer Kit.
Staffing	Club members who will train and serve as referees
Format	A proposed league or tournament format (below)

FORMATS THAT ARE EASY TO APPROVE

- **One-night tournament:** the lowest-commitment pilot. Teams of two, single or double elimination, done in an evening.
- **Short league:** about four weeks of round-robin games, then a playoff night.
- **Divisions:** men's, women's and co-rec, or open and recreational, if turnout supports it.
- **Match length:** sets to 21, win by 2. Short on time? Play to 15 or 11, still win by 2 (rule 6.0.2).

OFFER TO RUN THE PILOT

Coordinators say yes more easily when the club handles setup, refereeing and a rules clinic. Ask them to post results on the same platform as other intramurals, such as IMLeagues, so Hantis looks like any other sport.

SEND A RECAP AFTER

One page: teams entered, players, problems and fixes. That page turns a pilot into a permanent sport. The free Hantis for P.E. app can draw the bracket and keep score on every court.

AFTER YOU GRADUATE

KEEP THE CLUB GOING

New clubs often fade when their founders graduate. **Build succession in from the start.**

- **Elect officers every spring,** before finals, so new officers shadow the outgoing ones.
- **Keep a shared club drive:** constitution, budgets, contacts, room booking steps and the intramural proposal.
- **Keep your advisor informed.** They're often the one person who stays longer than four years.
- **Hold a signature event every year,** like a fall tournament, so people expect it.
- **Play other schools.** Host a nearby campus or high school club for an invitational.
- **Share your events.** Send results and rallies to Hantis and tag posts #hantis.

COPY AND FILL IN

TEMPLATES

EMAIL TO THE INTRAMURAL COORDINATOR

Subject: Proposal: Hantis as an intramural sport for [semester]

Hi [Name],

I'm the president of the Hantis Club at [School]. Hantis is a 2-on-2 sport played with a tennis ball on four tables. It's non-contact, needs no special equipment, and new players learn it in minutes.

This semester our club has [#] members, averages [#] players a week and drew [#] teams to our first tournament.

We'd like to propose a one-night Hantis tournament for [month]. Our club can supply equipment, referees and a rules clinic. I've attached a one-page proposal and the Official Hantis Rulebook (hantis.net/rules).

Could we meet for 15 minutes in the next two weeks?

Thanks,
[Name] · [Phone] · [Email]

RECRUITING BLURB FOR FLYERS AND SOCIAL POSTS

Four tables. One ball. Two hits.
Hantis is the best game you've never played: 2-on-2, one tennis ball, no experience needed.
Drop in [day] at [time], [location]. Bring a friend or we'll find you a partner.

COPY AND FILL IN

CONSTITUTION OUTLINE

Use your school's template if it has one. Otherwise, start from these articles.

ARTICLE	WHAT IT SAYS
I · Name	The Hantis Club at [School].
II · Purpose	To promote, teach and compete in the sport of Hantis.
III · Membership	Open to all enrolled students. Include the non-discrimination statement your university requires.
IV · Officers	President, vice president, treasurer and secretary: duties and terms.
V · Elections	Held each spring. Who can run, and a majority vote of active members.
VI · Advisor	How the advisor is chosen and what they do.
VII · Meetings	How often the club meets, and the quorum for votes.
VIII · Finances	Dues, if any, and how the treasurer reports spending.
IX · Amendments	A two-thirds vote of active members.
X · Hazing	The club follows the university's hazing policy.

ONE-PAGE INTRAMURAL PROPOSAL

Sport: Hantis, a 2-on-2 non-contact table sport (Official Rulebook: hantis.net/rules)

Proposed by: [Club name], [president's name and email]

Demand: [#] members · [#] average weekly players · [#] teams at our last tournament

Format: [One-night tournament / 4-week league], teams of two, sets to [21/15/11], win by 2

Space and equipment: [#] courts of four tables in [room], about 8 × 8 m each. Tennis balls supplied by the club.

Staffing: [#] trained club referees and a rules clinic before the first game

Proposed date: [date]

TICK IT OFF

MASTER CHECKLIST

START THE CLUB

- [ ] Officers can teach the rules in two minutes
- [ ] Four same-size tables and a can of tennis balls lined up
- [ ] Demo day held, interest list collected
- [ ] 3 to 4 officers, including a first- or second-year
- [ ] Met student activities or sport clubs; deadlines noted
- [ ] Faculty or staff advisor agreed to sign
- [ ] Constitution written and approved by founders
- [ ] Registration application submitted
- [ ] Officer training completed
- [ ] Weekly room booked for the semester
- [ ] Budget request submitted
- [ ] Involvement fair table reserved

GET INTO INTRAMURALS

- [ ] Attendance tracked at every session
- [ ] First club tournament run, team count recorded
- [ ] Intramural coordinator identified
- [ ] One-page proposal written
- [ ] Pitch sent early in the semester before
- [ ] Pilot event run with club referees
- [ ] Recap sent to campus rec

KEEP IT GOING

- [ ] Spring elections held, new officers shadowing
- [ ] Shared club drive up to date
- [ ] Annual signature event on the calendar

FREE HANTIS RESOURCES

SCAN: RULES

RULES	Official Rulebook and Quick Start Guide: **hantis.net/rules**
WATCH	How-to videos and rule clips: **hantis.net/watch**
ORGANIZE	Organizer Kit with posters, brackets, scoresheets and a waiver: **hantis.net/organizers**
BUILD	Table build plans: **hantis.net/build-tables**

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